LUNCH

SANDWICHES:

Make your own sandwich from the list:

<table>
<thead>
<tr>
<th>BREAD</th>
<th>FILLINGS</th>
<th>SALAD</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>Lean Chicken</td>
<td>Lettuce</td>
</tr>
<tr>
<td>Wholemeal</td>
<td>Egg &amp; Mayo</td>
<td>Tomato</td>
</tr>
<tr>
<td>White Roll</td>
<td>Tuna</td>
<td>Cucumber</td>
</tr>
<tr>
<td>Wholemeal Roll</td>
<td>Cheese (light&amp;tasty)</td>
<td>Carrots</td>
</tr>
<tr>
<td>Wrap</td>
<td>Ham</td>
<td>Avocado</td>
</tr>
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</table>

SANDWICHES, ROLLS & WRAP PRICES:
(Sandwiches toasted free of charge)

SLICED BREAD
+ 1 filling  $2.50
+ Extra filling (each) $0.30
+ Salad (lettuce, tomato, cucumber, carrot) $0.50

WRAP / ROLL
+ 1 filling  $2.80
+ Extra filling (each) $0.30
+ Salad (lettuce, tomato, cucumber, carrot) $0.60

OTHER SANDWICHES / BURGERS:

- Vegemite or honey sandwich  $1.80
- Chicken Schnitzel sandwich  Wrap / roll  $3.00 +$0.30
- Chicken Schnitzel sandwich + salad  Wrap / roll + salad  $3.40 +$0.30
- Grilled Chicken or Beef Burger + lettuce & tomato  $3.50

TOASTED FOCACCIA:
- Focaccia Deliziosa (ham, light cheese, tomato)  $4.00
- Focaccia with Chicken schnitzel, light cheese, lettuce  $4.50
- Focaccia with Chicken breast, avo, lettuce & mayo  $4.50

LEGEND:
- GREEN - healthy choice
- AMBER - select carefully
- RED - occasionally

LUNCH

SALADS:

- Salad in a box - with tuna  $3.50
- Salad in a box - with chicken  $3.50
- Salad in a box - with chicken schnitzel  $4.00
- Sushi (Tuna, Chicken, Vegetarian)  $3.00

Salads dressed with E.V. olive oil & vinegar or mayo (on request) FREE

HOUS FOOD: Freshly cooked pasta made daily with a choice of 2 sauces: Napoletana or Bolognaise.

- Pasta (made fresh daily)  $3.50
- Lasagne - Beef  $3.50
- Ravioli - Beef  $4.00
- Mash potato with corn on the cob  $3.50
- Home-made Minestrone (winter only)  $3.50
- Chicken Breast “Strips” - with mashed potato  $4.50
- Chicken Breast “Strips” (Wed & Fri only)  $0.60 ea

FROZEN:

- Frozen Fruit sticks - Quelch - assort  $0.80
- Frozen Moosies - choc or strawberry  $1.50
- Paddle Pops  $1.60
- Icy Twist  $1.20
- Orchy Cups  $0.80
- Slushies  $1.50

DRINKS:

- “Freshly Squeezed” Orange Juice  $2.50
- Smoothies – Strawberry / Mango  $2.50
- Popper Juice - Apple, Apple/Blkcrant, 200ml  $1.50
- Up & Go - Breakfast Milk – Chocolate  250ml  $2.00
- Still Bottled Water  600ml  $1.60
- Flavoured Ice Tea  $2.20
- Flavoured Milk (Chocolate / Strawberry)  $2.00
- Milk Shakes (Light Milk)  $2.20
- Hot Chocolate  $2.00

FUN FRIDAY – served only on Friday

- Beef Pie  $3.00
- Sausage Roll  $2.70
- Sweet Chilli Tenders  $1.50
- Chicken & Corn Roll  $2.00
- Nacho’s  $3.00
- Soup Cups (Term 2 & 3 only)  $2.30
- Hot Dogs  $2.80
- Hot Dogs – with Cheese  $3.00
- Baked Potato Wedges  $2.00
- Garlic Bread – large serve  $1.00

EXTRA’S:

- Sauce – Tomato or BBQ  $0.20
- Fork / Spoons  $0.10
- Brown Bags  $0.10
## LUNCH COMBO's – TERM 1

<table>
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<tr>
<th>Day</th>
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<tbody>
<tr>
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<td>6 Chicken Strips &amp; packet of Popcorn</td>
<td>$4.20</td>
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<tr>
<td>TUESDAY</td>
<td>Pasta with Garlic Bread</td>
<td>$4.20</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>Ham &amp; Salad Roll with Orchy Cup</td>
<td>$4.20</td>
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<tr>
<td>THURSDAY</td>
<td>Tuna salad box &amp; bottled water</td>
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<td>FRIDAY</td>
<td>Hot Dog &amp; Popper</td>
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## COMBO MENU 2012 - DMS Catering

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